



the Rehearsal ROOM



STANISLAVSKI MADE EASY: 'THE ROOTS OF REALISM'

At **The Rehearsal Room** Richard Sarell has a uniquely simple way of explaining Stanislavski principles and also clearly demonstrating how they work.

A GREAT WAY FOR SECONDARY SCHOOL ACTORS TO EXPLORE 'REALISM'



Richard Sarell

SIMPLE, CLEAR, UNIQUE
AND VERY EFFECTIVE.

Understand how to manage the **'conscious'** and **'unconscious'** impulses of your character – essential practicalities for realism.

The workshop is divided into 4 sessions:

- **'Unconscious'** processes (intention) – how they work and how to manage them.
- **'Conscious'** processes (objective) – how it works and how to quickly make practical choices.
- **'Surprises'** – how they function in life, how they drive drama and why they are fun to play (highly practical Stanislavski techniques that are seldom taught).
- **Auditioning** – an opportunity to apply the techniques in a screen audition environment.

Practical concepts. An excellent set of notes.

Minimum group size - 10
Maximum group size - 20
(groups over 10 are divided in two)

Impressive tutors:
professional
... engaging ...
approachable &
encouraging

My students
gained a **strong**
understanding of
Stanislavski and realist
acting and they had
fun in the process

– Meredith Daniel, Head of Arts,
Newman College (Marcellin Campus).

The information just
'clicked' – something
they will **remember** for
a long time to come.

CLOSE TO PUBLIC TRANSPORT

LUNCH CAN BE SUPPLIED

SIMPLICITY IS THE KEY - *'A certain pilot was asked how he could ever remember, over a long stretch, all the minute details of a coast with its turns, shallows and reefs. He replied: "I am not concerned with them; I stick to the channel."*

- Constantin Stanislavski "An Actor Prepares"

\$75 per student | 10am – 3.30pm | 4 exciting sessions

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